

## From the Principal's Desk

#### **Gratitude**

"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

—Melody Beattie

Gratitude is a powerful force that enriches our lives and strengthens our school community. It is more than just saying "thank you." It is about recognizing the kindness, efforts, and blessings that surround us every day. When we cultivate gratitude, we develop a positive outlook, build stronger relationships, and create an environment of mutual respect and appreciation.

At our school, we encourage students to practice gratitude in their daily lives—whether it is by appreciating their teachers for their guidance, their friends for their support, or their families for their unconditional love. Small acts of gratitude, like a kind word or a simple gesture, can brighten someone's day and foster a culture of kindness.

As we move forward, let us make gratitude a habit. Let us be thankful for the opportunities to learn, grow, and contribute to our community. Together, through gratitude, we can create a more compassionate and uplifting school environment.

- Ms. Shilpa Tribhuwan, Principal - RIAW

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# **Quote of the month**

"The more you practice gratitude, the more you see how much there is to be grateful for."

- Oprah Winfrey



This quote by Oprah Winfrey emphasizes that gratitude is a mindset that grows with practice. When you make a habit of appreciating the good things in your life, you start noticing even more things to be thankful for.

#### **National Education Day**

National Education Day is celebrated to honour the birth anniversary of Maulana Abul Kalam Azad, the first Minister of Education in independent India. International Academy, Wagholi celebrated this day with special assembly, featuring an informative speech by students contribution by Maulana Abul Kalam Azad in educational landscape. shaping India's Grades I & II students narrated their favourite story with the help of props through Story Telling Competition. Grades III to V students showcased their creativity by participating in Bookmark Making Competition. Such activities instill a sense of pride in students about the importance of education and inspire them to continue striving knowledge and progress.

#### **Children's Day Celebration**

Children's Day is a special occasion celebrated in schools to honor appreciate the joy, innocence, and potential of children. The school was beautifully decorated with balloons. The celebration started with a special assembly by the teachers where students were enlightened about the significance of Children's Day. The students came dressed in traditional attire. Mont teachers dressed up as Disney characters for the students. Sports matches were organized. Various games activities were conducted across grades.

#### **Thanksgiving Day**

The Thanksgiving Day celebration at our school was a memorable and meaningful event. It reminded everyone of the



importance of being grateful and spreading kindness. Through various activities. students learnt valuable lessons about appreciation. The event truly embodied the spirit of thanksgiving and left everyone with a sense of joy and gratitude. The Mont students made Thank You cards for their elders. The students of Grade I & II recited poems expressing gratitude and students of Grades III to V participated in an Extempore Competition emphasizing upon the love of God in everything.



National Milk Day was celebrated to honour the contributions of Dr. Verghese Kurien, the father of the White Revolution in India. The event aimed to highlight the importance of milk in our daily diet and create awareness about dairy farming and nutrition. The students participated into Craft Making, Story Telling and Role Play Competition with great zeal and enthusiasm. The event successfully spread awareness about the benefits of milk consumption.

# Interhouse Cricket Competition

The Inter House Cricket Competition was conducted for the students of Grades I to V, bringing together students from all houses in a spirited display of sportsmanship, teamwork, and skill. Each match was played with great enthusiasm, as players showcased their batting, bowling, and fielding abilities. The semi-finals saw exceptional performances, including outstanding batting displays and impressive bowling spells. Green house won the match followed by Blue house as 1st









Runner up and Red house as the 2nd Runner up. The competition was a great success, fostering a sense of camaraderie among students.

# **Community Outreach Tree Plantation Drive**

A Plantation Drive was conducted by the school in a society to promote environmental consciousness and sustainability. The event aimed to encourage students and residents to take responsibility for the environment by planting trees and learning about their benefits. The students planted fruit bearing plants with a long term vision for the benefits of the society. Residents of the society appreciated the effort and pledged to maintain the plants.

# Interactive Session with Ms. Dhriti Mankame

An interactive session with Ms. Dhriti Mankame, a renowned corporate pastry chef Massive Restaurant Pvt. Ltd., was at organized for Ryan students. In this session, she shared about her journey in achieving dreams and emphasized on her statement 'Don't Shy Away from Hard Work'. She discussed about her passion for baking and about how a pinch of salt can add taste in food. While motivating the students, she gave an insightful explanation about the importance of practicing the things to become an expert of the field. The session was very engaging and helped the students learn about Hospitality industry.









# **Interactive Session with Arjun Vajpai**

An interactive session with Arjun Vajpai, an alumnus from Ryan International School, Noida and the world's youngest mountaineer to summit 8X8000 m Mt. Everest, was organized. With the motto of 'Never limit yourself' and 'Dream big and dare to chase them', he shared about the contribution of his parents, school and teachers in helping him achieve his goals. He motivated students to never give up by discussing the difficult situations he faced during climb, especially managing food and strong winds. He thanked Chairman Sir Dr. A. F. Pinto and Managing Director Madam Grace Pinto for their blessings. This session was attended by all Ryan Schools.

#### **Violet Day Celebration**

The Violet Day Celebration was held with great enthusiasm to help pre-primary students recognize and appreciate the color violet. The day was filled with fun activities, creative learning, and joyful participation from both students and teachers. All students and teachers came dressed in beautiful shades of violet and purple. Children explored various violet objects. Each child brought a violet-colored item from home and shared interesting facts about it. Students created violet-themed artwork, such as fingerprint paintings.





#### **Sand Tracing Activity**

The Sand Tracing Activity for Letter 'P' was conducted to help the Mont I students recognize and practice writing the letter 'P' in a fun, interactive, and sensory way. A shallow tray filled with sand was placed in The children. front of the teacher demonstrated how to trace the letter 'P' using a finger. Each child took turns tracing 'P' in the sand while pronouncing its sound. This hands-on approach made learning enjoyable while improving fine motor skills.



National Energy Conservation celebrated on 14th December and aims to raise awareness about the importance of energy conservation and promote efforts to reduce energy consumption to preserve resources. Ryan International natural Academy, Wagholi celebrated this day with a special morning assembly where our students spoke about the importance of energy, its conservation and focused on saving it for future usage through a wonderful skit. Grade I & II students took the pledge to conserve energy by "Turning Lights Out", "Unplugging devices", "Taking showers", "Walking, shorter biking carpooling", "Wearing extra layers" and "Closing doors and windows". Grades III to V students participated in Poster Making Competition and creatively expressed ways to save energy through artwork. Such activities significantly impact students' understanding of energy conservation and inspire them to adopt sustainable practices both at school and home.









### **EVENTS**

#### **Children's Day Celebration**

Ryan International Academy, Wagholi, celebrated Christmas with great zeal and enthusiasm. The festive spirit was palpable as students, teachers and staff came together to mark the joyous occasion. The students were dressed in red and white and actively participated in various activities, including Carol Singing, Decorating Christmas Tree and more. The highlight of the celebration was a special visit from Santa Claus, who distributed gifts and spread cheer among the students.



Ryan International Academy, Wagholi celebrated the spirit of Christmas by organizing a grand Christmas Fiesta. The day was full of fun and pleasure with free gifts from Santa, On the Spot Admission Discount, Selfie booth, Kids' Games & Activities - Trampoline & Jumping Jack, mouthwatering cuisines, Flash Mob, Music, Shopping Stalls and many more. The school was beautifully decorated and everyone enjoyed a lot.

# Inter School Carol Singing Competition

Zonal Interschool Carol Singing Competition was organized at Ryan International School, Bavdhan. The Carol singing students participated and performed with great joy and energy. They took to the stage and infectious enthusiasm, enthralled everyone with their angelic voices and charm and bagged the 2nd Runner up position. This singing competition was a fantastic opportunity for



#### **EVENTS**

our primary students to shine. It helped build their confidence, develop stage presence, and proudly showcase their musical talents.

# Inter School Boys Football Match

The students participated in the inter-school football match with Ryan International Academy, Hinjewadi, at the Hinjewadi campus. The event was graced by the presence of our Chairman Sir, who encouraged the spirit of sportsmanship among the students. Hinjewadi won the toss and initiated the game. Both the teams played exceptionally well, showcasing and skill. teamwork Ultimately. great Hinjewadi's football team secured the victory. During the prize distribution ceremony, both teams were awarded trophies and medals to honour their efforts and participation.

# Inter School Girls Basketball Match

The students participated in the inter-school basketball match with Ryan International Academy, Hinjewadi, at the Hinjewadi campus., which was an intense and thrilling game. Both the teams competed fiercely, demonstrating their dedication and athletic excellence. Hinjewadi emerged victorious once again. In the closing ceremony, both the winning and runner-up teams received trophies and medals, celebrating their hard work and determination. The day ended with an inspiring speech by our Chairman Sir, who congratulated all the participants and emphasized the importance of perseverance, teamwork, and striving for excellence both on and off the field.



### **ASSEMBLY**

#### **National Mathematics Day**

National Mathematics Day was celebrated in honour of the great Indian mathematician Srinivasa Ramanujan. His contributions to mathematics, especially in number theory, infinite series, and continued fractions, continue to inspire generations of learners scholars. Special assembly conducted with students reciting beautiful poems on mathematics. The objective was embrace the iov of numbers. problem-solving, and logical thinking skills.

#### **World Public Transport Day**

The assembly on World Public Transport Day was an insightful and engaging event aimed at spreading awareness about the importance of public transport. The highlight of the assembly was a thought-provoking skit presented by the students, emphasizing the benefits of using public transport over private vehicles. performance illustrated how public the transport helps reduce environmental damage, save fuel, and create a more sustainable future. The skit ended with a strong message encouraging everyone to use public transport.

#### **Thanksgiving Day**

Thanksgiving Day assembly was presented with immense joy and gratitude. assembly aimed to highlight the importance of being thankful and spreading kindness in our daily lives. The students sang songs and recited poems on Thanksgiving, creating a and reflective atmosphere. assembly was a meaningful and inspiring event, reminding everyone that gratitude is happiness kev to and stronger communities.





# **Health, Safety and Child Protection (HSCP) Practices**

#### **Fire Evacuation Mock Drill**

Ryan International Academy, Wagholi conducted its first Mock Fire Drill for all students and staff. As a part of structured practice, it helps students and staff learn how to evacuate a building safely and swiftly during an emergency and assemble at a designated area. The entire school building was evacuated in 2 minutes and 10 seconds, which included 113 students, 24 staff members and 12 support staff members. The students enthusiastically shared their views upon the importance of mock drill and its benefits. It was a great learning for the students and staff members.





# **PARENT'S CORNER**

#### **Gratitude**

As a parent, I believe education is the most valuable gift we can give our children. It shapes "Feeling gratitude and not expressing it is like wrapping a present and not giving it".

Gratitude is a powerful and transformative emotion that deeply influences our well-being and the way we perceive the world. At its core, gratitude is the act of recognizing and appreciating the kindness, help, or benefits we receive from others or life itself. It is an acknowledgment of the positive aspects of our lives, whether big or small, and it encourages us to focus on what we have rather than what we lack.

Research has shown that practicing gratitude regularly can have profound effects on mental health, reducing feelings of stress, anxiety, and depression. When we express gratitude, we shift our focus from negative emotions to positive ones, which fosters a sense of contentment and peace. Gratitude also strengthens our relationships, as expressing appreciation to others makes them feel valued and more connected to us.

Gratitude is particularly important for school children as it helps shape their emotional and social development. By practicing gratitude, children learn to appreciate the positive



# **PARENT'S CORNER**

aspects of their lives, such as supportive teachers, helpful classmates, or the opportunity to learn. This mindset can boost their self-esteem, reduce feelings of entitlement, and foster a sense of contentment. Furthermore, gratitude encourages children to recognize and acknowledge the efforts of others, promoting kindness and empathy. This leads to stronger relationships with peers, teachers, and family members. In the classroom, children who express gratitude are often more motivated, focused, and resilient in the face of challenges. Overall, cultivating gratitude at a young age helps children develop a positive outlook on life, making them more compassionate, cooperative, and emotionally intelligent individuals..

- Ms. Yogini Punje, Parent of Ritisha Punje, Grade II

